

## LACTOCAL-F TABLETS

NDC 0277-0179-01

Rx Only

### DESCRIPTION:

Each White, Film-Coated Tablet contains: Vitamin A (Acetate), 4000 IU; Vitamin D, 400 IU; Vitamin E (dl-Alpha Tocopherol Acetate), 30 IU; Vitamin C (Ascorbic Acid), 100 mg; Folic Acid, 1 mg; Vitamin B-1 (Thiamine Mononitrate), 3 mg; Vitamin B-2 (Riboflavin), 3.4 mg; Nicotinamide (Niacinamide), 20 mg; Vitamin B-6 (Pyridoxine Hydrochloride), 5 mg; Vitamin B-12 (Cyanocobalamin), 12 mcg; Calcium (Calcium Carbonate), 200 mg; Iodine (Potassium Iodide), 0.15 mg; Elemental Iron (Ferrous Fumarate), 65 mg; Magnesium (Magnesium Oxide), 10 mg; Copper (Cupric Sulfate), 2 mg; Zinc (Zinc Sulfate), 15 mg. Contains no color or dyes from artificial sources.

**CLINICAL PHARMACOLOGY:** The **Lactocal-F** formula contains supplemental amounts of essential vitamins and minerals. The source of iron is Ferrous Fumarate which is well tolerated and effective. LACTOCAL-F contains 1 mg of Folic Acid per tablet to help prevent the development of megaloblastic anemia of pregnancy.

**INDICATIONS AND USAGE:** As a vitamin and mineral supplement to be taken throughout pregnancy and the postnatal period for both the lactating and non-lactating mother. May also be used for improving nutritional status prior to conception.

**CONTRAINDICATIONS:** This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNINGS:** Folic Acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemia's where Vitamin B-12 is deficient.

**WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.**

**PRECAUTION:** Folic Acid in doses above 0.1 mg-0.4 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations remain progressive.

**PEDIATRIC USE:** Safety and effectiveness in pediatric patients have not been established.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of Folic Acid.

**OVERDOSAGE:** In all cases of suspected overdose, immediately call your regional poison center and/or contact a physician immediately.

**DOSAGE AND ADMINISTRATION:** Adults, one **Lactocal-F Tablet** daily with or without food or as prescribed by physician.

**HOW SUPPLIED:** White, oval film-coated tablets embossed LASER, 179, available in bottles of 100 (NDC 0277-0179-01). Store at controlled room temperature 20°-25°C (68°-77°F). Contact with moisture may produce surface discoloration or erosion of the tablet. Not USP.

### Manufactured for:

Laser, LLC d/b/a Laser, Greenville, SC 29615

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